

About Brentwood Center for Health & Rehabilitation:

Brentwood Center for Health & Rehabilitation is an affiliate of National Health Care Associates, a leading provider of long-term care and rehabilitation. National Health Care Associates (NHCA) operates a post-acute network of skilled nursing and assisted living centers throughout the northeast. NHCA's 35-year legacy is grounded in its commitment to the highest quality of care, a focus on exceptional customer service and providing a nurturing environment for patients, residents, and their families.

Your wellness goals are our priority!

We look forward to welcoming you to our rehabilitation center:



**370 Portland Street
Yarmouth, ME 04096
phone: 207-846-9021**

www.BrentwoodCenterRehab.com



It is the policy of this facility to fully comply with all federal and state laws governing fraud and abuse in healthcare programs and to expect all employees, contractors, and consultants to conduct themselves in an ethical and responsible manner. This facility does not discriminate on the basis of race, creed, color, national origin, physical disability, past/present history of mental disorder, marital status, sex, age or religion in admission, access to treatment or employment in programs and activities.

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YOUR JOURNEY TO HOME

WHAT TO EXPECT FROM POST-ACUTE CARE



KINDNESS

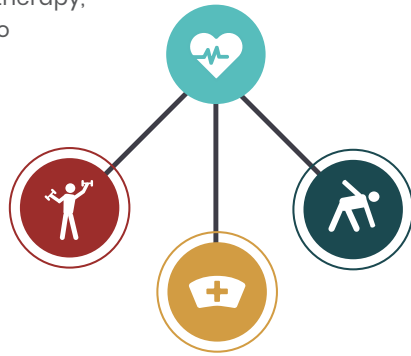
COMPASSION

SERVICE

EXCELLENCE

YOUR JOURNEY TO HOME

After a serious health event that requires hospitalization, you may find yourself in need of rehabilitative services such as physical therapy, nursing care, or occupational therapy. To reduce the risk of hospital readmission, and to allow for a healthy recovery and regained strength, it is essential to determine the best setting for post-hospitalization rehabilitative care.



The right care center is key to healing. Rehabilitative care centers should provide clinical excellence, a comfortable environment, and exceptional care. *When you feel supported in your journey to wellness, you will be able to focus positively on your recovery.*



Create a comfortable, home-like environment at the rehabilitation care center by ensuring to pack the right items. Suggested items include:

Soft-soled shoes or athletic shoes with nonskid soles



Several sets of comfortable athletic clothing such as t-shirts, sweatpants or shorts depending on the type of injury or surgery



Clothing you would commonly wear at home to practice getting dressed during rehabilitative care



Undergarments and socks



Pajamas, robe, and non-slip slippers



Personal hygiene products, a hairbrush or comb, toiletries, makeup and dentures



Orthopedic items such as splints or braces, and assistive devices such as a cane or walker, if needed



"Off-time" activities such as books, magazines, and cards



At Brentwood Center for Health & Rehabilitation, we are dedicated to providing the highest level of quality, personalized care. Upon admission, each resident is evaluated by our interdisciplinary team, enabling us to develop a comprehensive care plan that meets your needs. We aim to assist you in achieving your best level of health.

Your wellness goals are our priority! Our rehabilitative programs are customized to get you back home safely. We work directly with you, your physician, and your loved ones to create a discharge plan that ensures you have a confident outlook on your journey from our care to your home!

