

Why dental, hearing and vision care is essential to your health

One major benefit of Medicare Advantage (MA) is that many plans offer coverage for your eyes, ears and teeth. With many MA plans, these benefits are already included in the plan's premium — the amount you pay each month for health coverage. Read on to learn more about why it's so important to take care of your dental, vision and hearing health as you age.

Hearing care

If you have hearing issues, it's important to get treatment. Hearing aids may prevent some health risks and help you better interact with loved ones. Many MA plans include coverage for hearing exams and an annual allowance to help cover the cost of hearing aids.

Hearing loss in older adults

Hearing loss is associated with increased risk of social isolation, dementia and depression.



Social isolation



Dementia



Depression

Vision care

Original Medicare may cover certain services related to cataract surgery, macular degeneration, glaucoma and diabetic retinopathy. But it doesn't cover routine eye care. Many MA plans, however, cover an annual eye exam, glasses and contacts. Regular eye exams are important to help identify health problems earlier and to maintain your vision.

Why vision health is connected to your total health

Vision loss is linked to a higher risk of falls, dementia and depression.



Falls



Dementia



Depression

Dental care

By regularly seeing a dentist for checkups and maintaining good oral hygiene, you can prevent or treat many health issues. Many MA plans offer some form of dental coverage, including annual exams, cleanings, X-rays and fillings. Some plans offer more comprehensive coverage for dental services such as dentures and root canals.

The importance of dental health

Tooth loss can impact your ability to ...



Speak



Socialize



Eat

Untreated gum disease is linked to other health conditions, such as ...



Cardiovascular
disease



Rheumatoid
arthritis

Learn more at [AetnaMedicare.com](https://www.aetna.com)

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See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area.

