



2022 Plan Guide

SOUTHERN-MAINE

Below are in-network costs for some of our Medicare benefits. It's not a complete list. For more information about these plans, refer to the Summary of Benefits, visit our website [AetnaMedicare.com](https://www.aetna.com) or call us at **1-833-859-6031** (TTY: 711).

Benefits listed are for services received in-network and per visit unless otherwise stated	Aetna Medicare Value Plan (HMO) H3597-001 Monthly Plan Premium: \$0	Aetna Medicare Explorer Plan (PPO) H5521-142 Monthly Plan Premium: \$49	NEW Aetna Medicare Eagle Plan (PPO) H5521-349 Monthly Plan Premium: \$0
Service area	ME-Cumberland, Sagadahoc, York	ME-Cumberland, Sagadahoc, York	ME-Androscoggin, Aroostook, Cumberland, Franklin, Hancock, Kennebec, Knox, Lincoln, Oxford, Penobscot, Piscataquis, Sagadahoc, Somerset, Waldo, Washington, York
Plan deductible	\$0	\$0	\$0
Annual maximum out-of-pocket amount (does not include premium or prescription drugs)	\$5,900	\$7,550 for in-network services. \$7,550 for in- and out-of-network services combined.	\$6,700 for in-network services. \$6,700 for in- and out-of-network services combined.
Hospital coverage			
Inpatient hospital coverage	\$295 per day, days 1-7; \$0 per day, days 8-90 \$0 copay for additional days. Plan covers unlimited hospital days.	\$310 per day, days 1-7; \$0 per day, days 8-90 \$0 copay for additional days. Plan covers unlimited hospital days.	\$395 per day, days 1-5; \$0 per day, days 6-90 \$0 copay for additional days. Plan covers unlimited hospital days.
Outpatient hospital	\$35 - \$275 Lower cost sharing is for outpatient hospital services other than surgery.	\$40 - \$295 Lower cost sharing is for outpatient hospital services other than surgery.	\$45 - \$295 Lower cost sharing is for outpatient hospital services other than surgery.
Ambulatory surgery center (ASC)	\$175	\$295	\$295
Skilled nursing facility	\$0 per day, days 1-20; \$188 per day, days 21-62; \$0 per day, days 63-100 Our plan covers up to 100 days per benefit period.	\$0 per day, days 1-20; \$188 per day, days 21-62; \$0 per day, days 63-100 Our plan covers up to 100 days per benefit period.	\$0 per day, days 1-20; \$188 per day, days 21-62; \$0 per day, days 63-100 Our plan covers up to 100 days per benefit period.
Doctor visits			
Primary care physician (PCP)	\$0	\$0	\$0
PCP referrals required	This plan doesn't require a referral to see a specialist, but the specialist may require one from your PCP.	This plan doesn't require a referral to see a specialist, but the specialist may require one from your PCP.	This plan doesn't require a referral to see a specialist, but the specialist may require one from your PCP.
Specialist	\$35	\$40	\$45
Outpatient mental health therapy (individual)	\$40	\$40	\$40
Emergency and urgent care			
Emergency room	\$90	\$90	\$90
Urgent care facility	\$0 - \$35 Lower cost sharing is for services provided by your primary care physician in their office.	\$0 - \$40 Lower cost sharing is for services provided by your primary care physician in their office.	\$0 - \$45 Lower cost sharing is for services provided by your primary care physician in their office.
Worldwide coverage (i.e., outside of the United States)	\$90 for emergency and urgent care worldwide.	\$90 for emergency and urgent care worldwide.	\$90 for emergency and urgent care worldwide.
Diagnostic testing			
X-rays and diagnostic radiology	X-rays: \$0 - \$10 Lower cost sharing is for services provided by your primary care physician in their office. Diagnostic radiology: \$100	X-rays: \$0 - \$25 Lower cost sharing is for services provided by your primary care physician in their office. Diagnostic radiology: \$150	X-rays: \$0 - \$15 Lower cost sharing is for services provided by your primary care physician in their office. Diagnostic radiology: \$100
Lab services	\$0	\$0	\$0

Benefits listed are for services received in-network and per visit unless otherwise stated	Aetna Medicare Value Plan (HMO) H3597-001 Monthly Plan Premium: \$0	Aetna Medicare Explorer Plan (PPO) H5521-142 Monthly Plan Premium: \$49	NEW Aetna Medicare Eagle Plan (PPO) H5521-349 Monthly Plan Premium: \$0
Dental, vision and hearing (Non-Medicare covered)			
Dental services	\$1,000 reimbursement** every year for preventive and comprehensive dental combined. You can see any licensed provider.	\$350 reimbursement** every year for preventive and comprehensive dental combined. You can see any licensed provider.	Our plan will reimburse you 50% up to a maximum reimbursement** of \$1,000 for preventive and comprehensive dental services every year. You can see any licensed provider.
Routine eye exam	\$0 (one exam every year)	\$0 (one exam every year)	\$0 (one exam every year)
Eyewear	\$150 reimbursement** every year. You can see any licensed provider. Discounts may be available when seeing an EyeMed provider.	\$100 reimbursement** every year. You can see any licensed provider. Discounts may be available when seeing an EyeMed provider.	\$300 reimbursement** every year. You can see any licensed provider. Discounts may be available when seeing an EyeMed provider.
Routine hearing exam	\$0 (one exam every year) All appointments must be scheduled through NationsHearing.	\$0 (one exam every year) All appointments should be scheduled through NationsHearing.	\$0 (one exam every year) All appointments should be scheduled through NationsHearing.
Hearing aids	\$0-\$1,700 (copay may vary based on technology, see Summary of Benefits for more details). All hearing aids must be purchased through NationsHearing.	\$0-\$1,700 (copay may vary based on technology, see Summary of Benefits for more details). All hearing aids should be purchased through NationsHearing.	\$1,000 (per ear) maximum benefit every year. All hearing aids should be purchased through NationsHearing.
**Member pays the provider upfront and we pay the member back. Plan coverage rules apply.			
Therapy			
Physical and speech therapy	\$40	\$40	\$40
Occupational therapy	\$40	\$40	\$40
Ambulance			
Ground ambulance (one-way trip)	\$295	\$295	\$270
Air ambulance (one-way trip)	\$295	\$295	\$270
Equipment and prosthetics			
Durable medical equipment	20%	20%	20%
Prosthetics	20%	20%	20%

Additional benefits	Aetna Medicare Value Plan (HMO) H3597-001 Monthly Plan Premium: \$0	Aetna Medicare Explorer Plan (PPO) H5521-142 Monthly Plan Premium: \$49	Aetna Medicare Eagle Plan (PPO) H5521-349 Monthly Plan Premium: \$0
24-Hour Nurse Line	\$0 Speak with a registered nurse 24 hours a day, 7 days a week to discuss medical issues or wellness topics.	\$0 Speak with a registered nurse 24 hours a day, 7 days a week to discuss medical issues or wellness topics.	\$0 Speak with a registered nurse 24 hours a day, 7 days a week to discuss medical issues or wellness topics.
Fitness	SilverSneakers®	SilverSneakers®	SilverSneakers®
Meals	Up to 14 home delivered meals over a 7-day period after being discharged from an Inpatient Acute Hospital, Inpatient Psychiatric Hospital or Skilled Nursing Facility to home.	Up to 14 home delivered meals over a 7-day period after being discharged from an Inpatient Acute Hospital, Inpatient Psychiatric Hospital or Skilled Nursing Facility to home.	Up to 14 home delivered meals over a 7-day period after being discharged from an Inpatient Acute Hospital, Inpatient Psychiatric Hospital or Skilled Nursing Facility to home.
Over-the-counter items (OTC)	\$45 maximum benefit every quarter through OTC Health Solutions or at participating CVS® stores.	\$45 maximum benefit every quarter through OTC Health Solutions or at participating CVS® stores.	\$75 maximum benefit every quarter through OTC Health Solutions or at participating CVS® stores.

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Telehealth	You can receive primary care, physician specialist, mental health and urgent care services through a virtual visit. Members should contact their doctor for information on what telehealth services they offer and how to schedule a telehealth visit. Depending on location, members may also have the option to schedule a telehealth visit 24 hours a day, 7 days a week via Teladoc, MinuteClinic Video Visit, or other provider that offers telehealth services covered under your plan.	You can receive primary care, physician specialist, mental health and urgent care services through a virtual visit. Members should contact their doctor for information on what telehealth services they offer and how to schedule a telehealth visit. Depending on location, members may also have the option to schedule a telehealth visit 24 hours a day, 7 days a week via Teladoc, MinuteClinic Video Visit, or other provider that offers telehealth services covered under your plan.	You can receive primary care, physician specialist, mental health and urgent care services through a virtual visit. Members should contact their doctor for information on what telehealth services they offer and how to schedule a telehealth visit. Depending on location, members may also have the option to schedule a telehealth visit 24 hours a day, 7 days a week via Teladoc, MinuteClinic Video Visit, or other provider that offers telehealth services covered under your plan.
Visitor/travel benefit	Travel Advantage: Allows you to receive care at in-network cost shares from our participating multi-state provider network for up to twelve months when outside the service area.	Explorer: Allows you to receive care at in-network cost shares from our participating multi-state provider network for up to twelve months when outside the service area.	Explorer: Allows you to receive care at in-network cost shares from our participating multi-state provider network for up to twelve months when outside the service area.

Prescription drugs (Retail Pharmacy)	Aetna Medicare Value Plan (HMO) H3597-001	Aetna Medicare Explorer Plan (PPO) H5521-142	Aetna Medicare Eagle Plan (PPO) H5521-349
Rx deductible	\$0	\$250 Does not apply to Tier 1, Tier 2 drugs.	No Part D benefit Cannot add a Part D plan
Tier 1 Drugs: • Retail Pharmacy: 30-day supply • Retail/Mail Pharmacy: 100-day supply	Preferred/Standard \$0 / \$15 \$0 / \$45	Preferred/Standard \$0 / \$15 \$0 / \$45	No Part D benefit Cannot add a Part D plan
Tier 2 Drugs: • Retail Pharmacy: 30-day supply • Retail/Mail Pharmacy: 100-day supply	Preferred/Standard \$0 / \$20 \$0 / \$60	Preferred/Standard \$5 / \$20 \$10 / \$60	No Part D benefit Cannot add a Part D plan
Tier 3 Drugs: • Retail Pharmacy: 30-day supply • Retail/Mail Pharmacy: 100-day supply	Preferred/Standard \$47 / \$47 \$141 / \$141	Preferred/Standard \$47 / \$47 \$141 / \$141	No Part D benefit Cannot add a Part D plan
Tier 4 Drugs: • Retail Pharmacy: 30-day supply • Retail/Mail Pharmacy: 100-day supply	Preferred/Standard \$100 / \$100 \$300 / \$300	Preferred/Standard \$100 / \$100 \$300 / \$300	No Part D benefit Cannot add a Part D plan
Tier 5 Drugs: • Retail Pharmacy: 30-day supply • Retail/Mail Pharmacy: 100-day supply	Preferred/Standard 33% / 33% N/A	Preferred/Standard 28% / 28% N/A	No Part D benefit Cannot add a Part D plan
Gap coverage	Yes Tier 1 & 2	Yes Tier 1 & 2	No Part D benefit Cannot add a Part D plan

Aetna Medicare is a HMO, PPO plan with a Medicare contract. Our SNPs also have contracts with State Medicaid programs. Enrollment in our plans depends on contract renewal.

See *Evidence of Coverage* for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area. Out-of-network/non-contracted providers are under no obligation to treat Aetna members, except in emergency situations. Please call our customer service number or see your *Evidence of Coverage* for more information, including the cost-sharing that applies to out-of-network services.

The formulary, provider and/or pharmacy network may change at any time. You will receive notice when necessary.

Aetna Medicare's pharmacy network includes limited lower cost, preferred pharmacies in: Suburban Arizona, Suburban Illinois, Urban Kansas, Rural Michigan, Urban Michigan, Urban Missouri and Suburban West Virginia. The lower costs advertised in our plan materials for these pharmacies may not be available at the pharmacy you use. For up-to-date information about our network pharmacies, including whether

there are any lower cost preferred pharmacies in your area, please call 1-833-859-6031 (TTY: 711) or consult the online pharmacy directory at [AetnaMedicare.com/findpharmacy](https://www.aetna.com/medicare/findpharmacy).

Members who get "Extra Help" are not required to fill prescriptions at preferred network pharmacies in order to get Low Income Subsidy (LIS) copays. Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change.

Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are part of the CVS Health family of companies.

ATTENTION: If you speak Spanish, language assistance services, free of charge, are available to you. Call 1-833-810-6150 (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-833-810-6150 (TTY: 711).

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